ATHLETICO
PHYSICAL THERAPY

TEXAS HAND THERAPY LOCATIONS

We know you have a choice in therapy providers, thank you for choosing Athletico.

OT/Hand Therapy Prescription

Patient Name: _____ **DOI DOS:** _____

Diagnosis: _____ **Surgery Performed:** _____

Frequency: ☐2x/Week ☐3x/Week ☐4x/Week ☐5x/Week Duration: ☐ 2 Weeks ☐ 4 Weeks ☐ 6 Weeks ___Weeks

- ☐ Evaluate and Treat per Therapist Discretion
- ☐ Edema Control
  - ☐ Coban
  - ☐ Isotoner
  - ☐ Ace Wrap
  - ☐ Digisleeve
- ☐ Equipment/Supplies
  - _Putty
  - _Theraband
  - _Aircast Armband
  - _Hand Helper
  - _Elbow Pad
  - _Pulleys
- ☐ Modalities
  - ☐ Ultrasound
  - ☐ Electrical Stimulation
  - ☐ TENS
  - ☐ Paraffin
  - ☐ Iontophoresis/Direct Current with Dexamethasone
  - ☐ Phonophoresis
  - ☐ Hot/Cold Pack
  - ☐ Biofeedback
  - ☐ Whirlpool / Fluidotherapy
- ☐ Scar Care/Management
  - ☐ Wound Care
- ☐ Industrial Rehabilitation Services
  - ☐ Functional Capacity Eval
  - ☐ Work Conditioning
- ☐ Exercise
  - ☐ AROM
  - ☐ AAROM
  - ☐ PROM
  - ☐ Home Exercise Program
  - ☐ Evaluate and Treat per Therapist Discretion
- ☐ Strengthening Program
  - ☐ Evaluate and Treat per Therapist Discretion
- ☐ Splint: _____
- ☐ Protocol: _____

Date: _____ **Signature:** _____

IN MAKING THIS REFERRAL, THE PHYSICIAN/REFERRING PROVIDER CERTIFIES THAT PRESCRIBED REHABILITATION IS A MEDICAL NECESSITY.

ARLINGTON WEST
4407 Little Rd., Ste. 690, 76016
P: 682-282-4682 F: 682-219-0574
Clinician: Jasmine P., OTR/L, OTD

DALLAS DOWNTOWN
1201 Elm St., Ste. 121, 7527
P: 469-620-5070 F: 469-983-1972

DALLAS RICHARDSON
7989 Belt Line Rd., Ste. 90, 75248
P: 972-942-2475 F: 972-645-0687
Clinician: Claire L., OTR/L, OTD

FORT WORTH KELLER
12345 Alta Vista Rd., Ste. 113, 76244
P: 682-593-2550 F: 682-582-8641
Clinician: Susan A., OTR/L

FRISCO PARKWOOD
3880 Parkwood Blvd., Ste. 501, 75034
P: 469-215-5870 F: 469-420-5792
Clinician: Abbey M., OTR/L, CHT

ROCKWALL NORTH
3005 N. Goliad St., 75087
P: 469-745-1935 F: 469-769-3002
Clinician: Luanne B., OT/L

SOUTHLAKE
480 W. Southlake Blvd., Ste. 111
P: 817-778-9910 F: 817-203-0337
Clinicians: Ed R., OTR/L, CHT
Dardhielle J., OTR/L, CHT

THE COLONY
4770 State Highway 121, Ste. 130, 75056
P: 469-830-9030 F: 469-390-0010
Clinicians: Kristen G., OTR/L, CHT
Grace D., OTR/L, OTD
Kevin C., OTR/L, CHT

To schedule Work Comp Patients or Services, including FCEs and Work Conditioning, Call **888-8-WORK4U** (888-896-7548) or **Email WORK4U@athletico.com**

Scan here to find a location near you